



HUMAN SERVICES

November 2024

Willie Cortez Senior Center
5512 W. Military
San Antonio, TX. 78242
210-207-5294

Monday-Thursday 7am-8pm
Friday 7am-4pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<u>1</u> 9 am—BINGO 10 am—Stretch Class/Tai Chi 12 pm—Karaoke CENTER CLOSED AT 2:30PM FOR STAFF MEETING
<u>4</u> 9 am—BINGO 10am—11am Willie Buck Shop *ORDER FORMS DUE BY 10:30AM* 1pm—Zumba	<u>5</u> 9 am—Painting 9am—10am Financial Empowerment Center 9:30 am—Outing to Municipal Court Resource Fair 9:30 am—WellMed Walk 12 pm—Crafts	<u>6</u> 9 am—Exercise 9:30 am—Walmart Outing 10 am—OATS Tech Class 12 pm—Loteria	<u>7</u> 9 am—Exercise 9 am—10 am CSFP Food Bank 10 am—Seniors in Play 12 pm—Oasis (Smartphone Photos)	<u>8</u> Center Closed for Staff Training
<u>11</u> Center Closed for Veterans' Day	<u>12</u> 9 am—Painting 8 am—1 pm CaregiverSOS 10 am—Presentation 10 am—Food Bank Applications 9:30 am—WellMed Walk	<u>13</u> 9 am—Exercise 10 am Thanksgiving Celebration 10 am—OATS Tech Class 12 pm—Loteria	<u>14</u> 9 am—Exercise 10 am—Seniors in Play 12 pm—Oasis (iPhone Basics)	<u>15</u> 9 am—BINGO 9:30 am—Rainbow Gardens Outing 10 am—Stretch Class/Tai Chi 12 pm—Karaoke
<u>18</u> 9 am—BINGO 9:30 am—South Park Mall Outing 1pm—Zumba	<u>19</u> 9 am—Painting 9:30am—10:30am Project Hope Food Bank 10 am—Trivia	<u>20</u> 9 am—Exercise 10 am—OATS Tech Class 12 pm—Loteria	<u>21</u> 9 am—Exercise 10 am—Seniors in Play Showcase 12 pm—Oasis (iPhone Basics)	<u>22</u> 9 am—BINGO 9:30 am—Outing to Robinette Senior Center Grand Opening 10 am—Stretch Class/Tai Chi 12 pm—Karaoke
<u>25</u> 9am—BINGO 10 am—Birthday Celebration 1pm—Zumba	<u>26</u> 9 am—Painting 9:30 am—WellMed Walk 12 pm—Crafts	<u>27</u> 9 am—Exercise 9:30 am—Hobby Lobby Outing 10 am—OATS Tech Class 12 pm—Loteria	<u>28 & 29</u> Center Closed for Thanksgiving	

(Note: Calendar subject to change without advance notice)

Evening Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<u>4</u> 4:30pm Stretch & Balance 5:30pm- Movie	<u>5</u> 4pm—7pm Willie Buck Shop 4:30pm—BINGO 5:30pm—7:00 pm Karaoke	<u>6</u> 4:30pm—Strength Resistance 5:30pm—Table Games	<u>7</u> 4:30pm—Loteria 5:30pm—7:00 pm Karaoke
<u>11</u> Center Closed for Veterans' Day	<u>12</u> 4:30pm—BINGO 5:30pm—7:00 pm Karaoke	<u>13</u> 4:30pm—Strength Resistance 5:30pm—Crafts	<u>14</u> 4:30pm—Loteria 5:30pm—7:00 pm Karaoke
<u>18</u> 4:30pm Stretch & Balance 5:30pm- Movie	<u>19</u> 4:30pm—BINGO 5:30pm—7:00 pm Karaoke	<u>20</u> 4:30pm—Strength Resistance 5:30pm—Table Games	<u>21</u> 4:30pm—Loteria 5:30pm—7:00 pm Karaoke
<u>25</u> 4:30pm Stretch & Balance 5:30pm— Birthday Celebration	<u>26</u> 4:30pm—BINGO 5:30pm—7:00 pm Karaoke	<u>27</u> 4:30pm—Strength Resistance 5:30pm—Crafts	<u>28</u> Center Closed for Thanksgiving

Reminders

(Note: Calendar subject to change without advance notice)

NEW D4 Senior Center GRAND OPENING

Barbara Robinette
Community & Senior Center
Opening November 22, 2024
Transportation leaves Cortez Senior Center

LUNCH 11:00 AM Meals are served on a first come basis.

- No outside food or drinks from 11 am to 12 pm.
- No food or drinks in Computer & Game rooms
- If you are ill please stay home.



Come by to see the Caregiver SOS Specialist
for FREE Caregiver Support
2nd Tuesday of every month
8: 00 AM - 1:00 PM

Coaching * Support Groups
Stress Busting * Education

866-390-6491
ikeown@wellmed.net

WellMed Nurse

- Tuesdays & Thursdays | 8am—3:30pm*
- Wellmed Walk every Tuesday (except 3rd Tuesday of the month)



*Subject to change

With our extended hours in full affect we ask all of our members staying for activities between 4pm-8pm to please hit the **“PM Check in”** and the **“PM Activity”** buttons starting at 4pm.



CITY OF SAN ANTONIO
DEPARTMENT OF HUMAN SERVICES

HAVE LUNCH WITH US!

Hot Meals are served Monday through
Friday from **11:00 am-12:00 pm.**

Meal tickets can be picked up between
8:00am-11:00am (or until all tickets have been
issued out).

