

# March 2025 St. Patrick's

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|--|--|--|---|
| <p>3</p> <p><b>Zumba Gold</b><br/>9:30AM</p>  <p><b>Bingo</b><br/>10:30AM</p>   | <p>4</p> <p><b>OASIS Computer Class</b> 9-11am</p> <p>Karaoke</p>  <p><b>Fitness W/ Rodney</b><br/>1:00PM</p>              | <p>5</p> <p><b>Fitness w/Rodney</b><br/>9:00AM</p>  <p><b>Walking W/ Wellmed</b><br/>10:00AM</p>  <p><b>Crafts</b> 12:00PM</p>    | <p>6</p> <p><b>Loteria</b> 9:00 AM</p>  <p><b>Fitness W/Jorge</b><br/>10:15AM</p>  <p><b>Bihl Haus Arts</b><br/>1:00PM</p>    | <p>7</p> <p><b>YM Strength Class</b><br/>9:00AM</p>  <p><b>O.A.T.S Computer Class</b> 10:30 AM</p>  <p><b>HEB Shopping</b><br/>12:00 PM</p>              |
| <p>10</p> <p><b>Benefits Navigator</b><br/>8AM-12PM</p> <p><b>Zumba Gold</b><br/>9:30 AM</p>  <p><b>Bingo</b><br/>10:30AM</p>    | <p>11</p> <p><b>San Antonio Food Bank</b><br/>SERVING SOUTHWEST TEXAS<br/><b>Food Bank</b><br/>8AM - 10AM</p> <p><b>OASIS Computer Class</b><br/>9AM-11AM</p> <p><b>Fitness w/Rodney</b><br/>1:00PM</p>   | <p>12</p> <p><b>San Antonio Food Bank</b><br/>SERVING SOUTHWEST TEXAS<br/><b>Convoy of Hope</b><br/>8AM-10AM</p> <p><b>Fitness w/Rodney</b><br/>9:00AM</p>  <p><b>Walking W/Wellmed</b><br/>10:00AM</p>  <p><b>Crafts</b> 12:00PM</p>  | <p>13</p> <p><b>Loteria</b> 9:00 AM</p>  <p><b>Fitness W/Jorge</b><br/>10:15AM</p>  <p><b>Bihl Haus Arts</b><br/>1:00PM</p>   | <p>14</p> <p><b>YM Strength Class</b><br/>9:00AM</p>  <p><b>O.A.T.S Computer Class</b> 10:30 AM</p>  <p><b>Thrift Store Trip</b><br/>12:00 PM</p>  |
| <p>17</p> <p><b>Zumba Gold</b><br/>9:30 AM</p>  <p><b>Birthday Celebration</b></p>  <p><b>Bingo</b><br/>10:30 AM</p>  | <p>18</p> <p><b>OASIS Computer Class</b> 9-11AM</p> <p>Karaoke 10:30AM</p>  <p><b>Fitness w/Rodney</b><br/>1:00PM</p>  | <p>19</p> <p><b>Fitness w/Rodney</b><br/>9:00AM</p>  <p><b>Walking W/Wellmed</b><br/>10:00AM</p>  <p><b>Crafts</b> 12:00PM</p>    | <p>20</p> <p><b>Loteria</b> 9:00 AM</p>  <p><b>Fitness W/Jorge</b><br/>10:15AM</p>  <p><b>Bihl Haus Arts</b><br/>1:00PM</p>  <p><b>Museum Tour at Ruby City</b><br/>1:30 PM</p> | <p>21</p> <p><b>YM Strength Class</b><br/>9:00AM</p>  <p><b>Produce Market</b><br/>9:00 AM</p>  <p><b>O.A.T.S Computer Class</b> 10:30 AM</p>      |
| <p>24</p> <p><b>Benefits Navigator</b><br/>8AM-12PM</p> <p><b>Zumba Gold</b><br/>9:30AM</p>  <p><b>Bingo</b><br/>10:30 AM</p>    | <p>25</p> <p><b>OASIS Computer Class</b> 9-11 AM</p>  <p><b>Fitness w/Rodney</b><br/>1:00 pm</p>                       | <p>26</p> <p><b>Fitness W/Rodney</b><br/>9:00 AM</p>  <p><b>Walking w/Wellmed</b><br/>10AM</p>  <p><b>Craft</b> 12:00 pm</p>    | <p>27</p> <p><b>Loteria</b> 9:00 AM</p>  <p><b>Fitness W/Jorge</b><br/>10:15AM</p>  <p><b>Bihl Haus Arts</b><br/>1:00PM</p>   | <p>28</p> <p><b>YM Strength Class</b><br/>9:00AM</p>  <p><b>O.A.T.S Computer Class</b> 10:30 AM</p>  <p><b>Walmart Shopping</b><br/>10:30 AM</p>   |
| <p>31</p> <p>Center Will Be Closed in Observation of Cesar Chavez</p>    |   | <p>Every Friday Senior in Play Location at The Frank Garrett 12:00PM</p>   | <p>Caregiver SOS Every 4th Tuesday of the Month</p>  | <p>Schedule Subject to Change Without Notice</p>  |

# March 2025



| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  |
|---|---|--|---|
| <b>3</b><br><b>Loteria</b><br>4:00PM<br><br><b>St. Patrick's Crafts</b><br>4:30 PM<br> | <b>4</b> O.A.T.S. Computer Class<br>3:30-4:30 PM<br><br><b>Line Dancing</b><br>5:00 PM<br><br><b>Noodle Volleyball</b><br>6:00 PM     | <b>5</b> <b>ZUMBA GOLD</b><br>4:00 PM<br><br><b>Movie Night</b><br>5:00 PM<br>           | <b>6</b> <br><b>BINGO</b><br>4:00 PM<br><b>St. Patrick's Crafts</b><br>4:30 PM<br> |
| <b>10</b><br><br><b>Loteria</b><br>4:00PM<br><b>Po-Ke-No</b><br>5:00 PM<br>         | <b>11</b> O.A.T.S Computer Class<br>3:30-4:30 PM<br><br><b>Line Dancing</b><br>5:00 PM<br><br><b>Noodle Volleyball</b><br>6:00 PM | <b>12</b> <b>ZUMBA GOLD</b><br>4:00 PM<br><br><br><b>Table Pickleball</b><br>5:00 PM | <b>13</b> <br><b>BINGO</b><br>4:00 PM<br><br><b>Po-Ke-No</b><br>5:00 PM         |
| <b>17</b><br><b>Loteria</b><br>4:00PM<br><br><br><b>Surprise Crafts</b><br>4:30 PM  | <b>18</b> O.A.T.S Computer Class<br>3:30-4:30 PM<br><br><b>Line Dancing</b><br>5:00PM<br><br><b>Noodle Volleyball</b><br>6:00 PM  | <b>19</b> <b>ZUMBA GOLD</b><br>4:00PM<br><b>Movie Night</b><br>5:00 PM<br><br>       | <b>20</b> <br><b>BINGO</b><br>4:00 PM<br><br><b>Surprise Crafts</b><br>4:30 PM  |
| <b>24</b><br><br><b>Loteria</b><br>4:00PM<br><b>Po-Ke-No</b><br>5:00pm<br>          | <b>25</b> O.A.T.S Computer Class<br>3:30-4:30 PM<br><br><b>Line Dancing</b><br>5:00 PM<br><br><b>Noodle Volleyball</b><br>6:00 PM | <b>26</b> <b>ZUMBA GOLD</b><br>4:00PM<br><br><br><b>Table Pickleball</b><br>5:00 PM   | <b>27</b> <br><b>BINGO</b><br>4:00 PM<br><b>Po-Ke-No</b><br>5:00 PM<br>         |
| <b>31</b><br><b>Center Will Be Closed</b><br><b>in Observation of</b><br><b>Cesar Chavez</b>  |    |  | <b>Schedule</b><br><b>Subject to Change</b><br><b>Without</b><br><b>Notice</b>  |

With our extended hours in full affect we ask all of our members staying for activities between 4pm-8pm to please hit the **“PM Check in”** and the **“PM Activity”** buttons starting at 4pm.



**HAVE LUNCH WITH US!**  
 Hot Meals are served Monday through Friday from **11:15am-12:15pm** in the Nutrition Area.



Come by to see the Caregiver SOS  
 -Coaching-Support groups-  
 Stress Busting-Education-  
 On the 4th Tuesday of every Month  
 8:00AM-9:00AM



**Happy St. Patrick's Day!**

