


NORMOYLE

Extended Hours (M– Th) 4pm-8pm
210-207-5650

JULY 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>3</p> <p>Zumba Gold (YMCA) 4pm-5pm OATS Computer Class Intro to Selling Online 4-5pm Patricia Jasso (OATS) Healthy Cooking –Banana Nut Bread 5-6pm Craft Hour 6-7pm Zumba (Parks) 7-8pm</p>	<p>4</p>  <p>Center Closed 4th of July</p>	<p>5</p> <p>Chair Volleyball 3pm-5:30pm Craft Hour 5:30-6:15pm Zumba (Parks) 7:00pm-8:00pm</p>	<p>6</p> <p>Chair Volleyball 3pm-5:30pm Painting Club 5:30pm-6:15pm Strength & Toning(Parks) 6:15pm-7:00pm Zumba (Parks) 7pm-8pm</p>
<p>10</p> <p>Zumba Gold (YMCA) 4pm-5pm OATS Computer Class P2P Payments 4pm-5pm Patricia Jasso (OATS) Healthy Cooking– Herb Flank St. 5-6pm Craft Hour 6-7pm Zumba (Parks) 7-8pm</p>	<p>11</p> <p>Intro to Plants (Part 1) 4-5pm Loteria (Dining Rm) 5-6pm Strength & Toning (Parks) 6:15pm – 7:00pm</p>	<p>12</p> <p>Chair Volleyball 3pm-5:30pm Craft Hour– National Jell-O Day 5:30-6:15pm Zumba (Parks) 7:00pm-8:00pm</p>	<p>13</p> <p>Chair Volleyball 3pm-5:30pm Strength & Toning (Parks) 6:15pm-7:00pm Zumba (Parks) 7:00pm-8:00pm</p>
<p>17</p> <p>Zumba Gold (YMCA) 6:30pm-7:30 pm OATS Computer Class "Intro.to Social Media" 4pm-5pm Patricia Jasso (OATS) Craft Hour 6-7pm Zumba (Parks) 7-8pm</p>	<p>18</p> <p>Intro to Plants (Part 2) 4-5pm Bingo (Dining Rm) 5pm- 6pm Strength & Toning 6:15pm – 7:00pm Nature Walk Smartphone 7:00-8:00pm</p>	<p>19</p> <p>Chair Volleyball 3pm-5:30pm National Hot Dog Day–Craft/Snack 5:30-6:15pm Zumba (Parks) 7:00pm-8:00 pm</p>	<p>20</p> <p>Chair Volleyball 3pm-5:30pm Painting Club 5:30-6:15pm Strength & Toning (Parks) 6:15pm-7:00pm Zumba (Parks) 7:00pm-8:00pm</p>
<p>24</p> <p>Zumba Gold (YMCA) 6:30pm-7:30 pm OATS Computer Class "Intro to TikTok 4pm-5pm Patricia Jasso (OATS) Craft Hour 6-7pm Zumba (Parks) 7-8pm</p>	<p>25</p> <p>Intro to Brain Health w/Harry Miller 4-5pm Loteria (Dining Room) 5-6pm Strength & Toning (Parks) 6:15pm-7:00pm Take Your Houseplant for a Walk 7-8pm</p>	<p>26</p> <p>Chair Volleyball 3pm-5:30pm Craft Hour 5:30-6:30pm Zumba (Parks) 7:00pm-8:00 pm</p>	<p>27</p> <p>Chair Volleyball 3pm-5:30pm Strength & Toning (Parks) 6:15pm-7:00pm Zumba (Parks) 7:00-8:00pm</p>
<p>31</p> <p>Zumba Gold (YMCA) 4-5pm OATS Computer Class (NextDoor) 4-5pm (Patricia Jasso) (OATS) Craft Hour 6-7pm / Zumba 7-8pm</p>			