

1751 South WW White Rd.
 San Antonio . TX
 78220
 Ph: (210) 207-5390

AUGUST

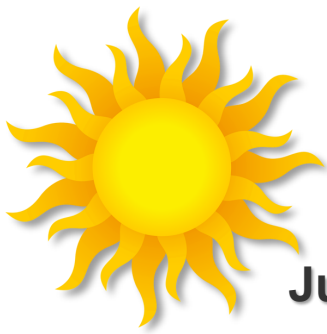
District 2 SENIOR CENTER

EVENING HOURS

HOURS OF OPERATION:
 MONDAY-THURSDAY 7:00AM - 8:00PM
 FRIDAY 7:00AM - 4:00PM

Monday	Tuesday	Wednesday	Thursday
31.	1. <u>Chicago Style Stepping Dance</u> 6:00pm - 7:00pm <u>Rummikub Tournament</u> 4:00pm - 6:00pm <u>Movie</u> 4:00pm - 6:00pm	2. <u>Line Dancing</u> (Volunteer-led) 4:00pm - 5:00pm <u>Diabetes Prevention</u> 4:00pm - 5:00pm <u>Keep Sharp Class</u> 4:30pm - 5:30pm <u>Yoga</u> 5:00pm - 6:00pm	3. <u>Low impact Bootcamp</u> 4:00pm - 5:00pm <u>Senior Planet Class</u> "Affordable Home Internet" 5:00pm - 6:00pm <u>Bingo</u> 6:15pm - 7:15pm
7. <u>Karaoke</u> 5:00pm - 7:00pm <u>Loteria</u> 5:00pm - 6:00pm <u>Brain Strength Activities</u> 6:00pm - 6:30pm	8. <u>UTSA Nutrition Graduation</u> 5:30pm - 6:30pm <u>Chicago Style Stepping Dance</u> 6:00pm - 7:00pm	9. <u>Line Dancing</u> (Volunteer-led) 4:00pm - 5:00pm <u>Diabetes Prevention</u> 4:00pm - 5:00pm <u>Rummikub Training</u> 4:30pm - 5:30pm <u>Yoga</u> 5:00pm - 6:00pm	10. <u>Low impact Bootcamp</u> 4:00pm - 5:00pm <u>Senior Planet Class</u> "Affordable Home Internet" 5:00pm - 6:00pm <u>Bingo</u> 6:15pm - 7:15pm
14. <u>Karaoke</u> 5:00pm - 7:00pm <u>Loteria</u> 5:00pm - 6:00pm <u>Brain Strength Activities</u> 6:00pm - 6:30pm	15. <u>Chicago Style Stepping Dance</u> 6:00pm - 7:00pm <u>Singles Mingle</u> 4:30pm - 5:30pm <u>Rummikub Tournament</u> 4:00pm - 6:00pm	16. <u>Line Dancing</u> (Volunteer-led) 4:00pm - 5:00pm <u>Diabetes Prevention</u> 4:00pm - 5:00pm <u>Keep Sharp Class</u> 4:30pm - 5:30pm <u>Yoga</u> 5:00pm - 6:00pm	17. <u>Low impact Bootcamp</u> 4:00pm - 5:00pm <u>Senior Planet Class</u> "ACP Workshop" 5:00pm - 6:00pm <u>Bingo</u> 6:15pm - 7:15pm
21. <u>Karaoke</u> 5:00pm - 7:00pm <u>Loteria</u> 5:00pm - 6:00pm <u>Brain Strength Activities</u> 6:00pm - 6:30pm	22. <u>Chicago Style Stepping Dance</u> 6:00pm - 7:00pm <u>Luby's Cafeteria</u> 3:30pm - 5:30pm <u>Movie</u> 4:00pm - 6:00pm	23. <u>Line Dancing</u> (Volunteer-led) 4:00pm - 5:00pm <u>Diabetes Prevention</u> 4:00pm - 5:00pm <u>Rummikub Training</u> 4:30pm - 5:30pm <u>Yoga</u> 5:00pm - 6:00pm	24. <u>Low impact Bootcamp</u> 4:00pm - 5:00pm <u>Senior Planet Class</u> "Food Delivery Apps" 5:00pm - 6:00pm <u>Bingo</u> 6:15pm - 7:15pm
28. <u>Karaoke</u> 5:00pm - 7:00pm <u>Loteria</u> 5:00pm - 6:00pm <u>Brain Strength Activities</u> 6:00pm - 6:30pm	29. <u>Chicago Style Stepping Dance</u> 6:00pm - 7:00pm <u>Singles Mingle</u> 4:30pm - 5:30pm	30. <u>Line Dancing</u> (Volunteer-led) 4:00pm - 5:00pm <u>Diabetes Prevention</u> 4:00pm - 5:00pm <u>Keep Sharp Class</u> 4:30pm - 5:30pm <u>Yoga</u> 5:00pm - 6:00pm	31. <u>Low impact Bootcamp</u> 4:00pm - 5:00pm <u>Senior Planet Class</u> "Food Delivery Apps" 5:00pm - 6:00pm <u>Bingo</u> 6:15pm - 7:15pm

Our Apologies: Calendar may change or be updated without advance notice.



District 2 Senior Center

Extended Hours Staff

Sam Lujan - Management Analyst
Juries Seguin - Special Activities Coordinator



Daily Activities:

Available All Evening

Dominos & Pool Tables, Fitness Equipment, Table/Board Games, & Computer Lab

RUMMIKUB TOURNAMENTS

8/1/23 & 8/15/23

4:00pm - 6:00pm

- **8/08/23 - UTSA Nutrition Graduation Ceremony 5:30pm -6:30pm** *(In Dining Room)*
- **8/22/23 - Field Trip!! Luby's Cafeteria 3:30pm - 5:30pm** *(Each person must cover their own cost.)*



Singles Mingle

8/15/23 & 8/29/23

4:30pm - 5:30pm



If you are looking to develop a relationship with someone in your 60s, you have to know where to look. They are not hiding, but they are certainly not going to come knocking on your door. Interesting persons might just be closer than you think!

We will be enjoying fun activities and having interesting discussions.

Strike up conversations with fellow members, build friendships, and possibly more.

RULES OF CONDUCT

- Participant will not use language or behave in an obscene, abusive, hostile, insulting or a disrespectful manner towards any center staff, volunteers, guests or other participants. This includes engaging in physical contact that is unsolicited or without consent, including kissing or touching.
- Participant will not harass or discriminate on basis of race, color, religion, national origin, sex, sexual orientation, gender identity, veteran status, age or disability.
- Participant will not gamble for money, panhandle, sell products, or smoke (which includes vaping and e-cigarette products) at the center or grounds.
- Participant will not bring illegal drugs or alcoholic beverages into the center or be under the influence.
- Participant should not bring or consume food or beverages in the computer labs.
- Participant should not attend the center if suffering from an illness that may be transmitted to staff, volunteers, guests or other participants.
- Participant will not use the center to store personal property or as a place to receive deliveries or mail.
- Participant will not steal, destroy or damage property in the center.
- Participant will not engage in illegal activities while at the center

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